

Support your children when they face a problem on the internet

Any child can be a victim of a situation of online sexual abuse. Be aware of their daily routines and stay involved in their digital lives. Watch out for changes in their behaviour.



If you suspect something, react

- Keep calm.
- Listen to them without judging.
- Assess the risks. Find out what has happened.
- Help them preserve the evidence.
- There is help available. Call the helpline, Safer Internet Centre or law enforcement agency of your country.
- Report the abuse, it's a crime.

www.incibe.es/en/stop-child-abuse

You look sad, are you ok? how could I help you?



Sharing feelings promotes mutual trust.

We'll find a solution together.



They need to feel safe and supported.

These things can happen to anyone. It's not your fault.



They were deceived and any child is vulnerable.

Would you rather talk to someone else?



Let them decide, they need to feel comfortable to speak up.



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